

Cleaner air for safer health

Air pollution

Air pollution is a complex mix of particles and gases released in the atmosphere that are harmful to humans and living environment.

The main sources of air pollution in Kosovo are caused by human activities such as domestic heating, road transport, combustion of fuels in power generation, industrial processes and municipal and agricultural waste.

Air pollution affects your health

Microscopic air pollutants enter your body, finding their way deep into the lungs and bloodstream, affecting your respiratory and cardiovascular systems increasing the risk of heart attacks and stroke.

Sensitive groups to air pollution

Children, pregnant women, older people and people with existing respiratory and cardiovascular disease are more sensitive.

Reduce air pollution

Try to avoid using coal or wood for heating, and if you use a wood stove make sure you are burning dry untreated wood.

Try to reduce the number of car trips and consider cycling and walking as alternatives for short trips, away from busy roads.

Dispose of waste through regulated waste collection services or at official disposal sites. Avoid burning waste.

Discuss air pollution with your friends and neighbours and share your knowledge and ideas on how to reduce air pollution in your daily activities.

Protect your health from air pollution

Check regularly on the level of air pollution by visiting airqualitykosova.rks-gov.net and ihmk-rks.net/ajri, and for health related recommendations visit ajri.niph-rks.org

The Air Quality Index (AQI) helps you to understand what the quality of the air around you means for your health, enabling you to change your behavior to reduce your exposure to poor air quality.

Install the free smartphone application **Air Quality In Kosovo** to find out the air quality in your area.



iOS



Android

Download the free smartphone app for real-time information on air pollution.

